Lifestyle HEALTH PLANS
A World of Wellness

Your Benefits

Integrated Benefits Overview

AAFD Health Benefits

This Overview will provide you with details on specific value-added benefit programs designed to save you money:

- ***$0 Copay Telemedicine***
- ***Care Coordination Services***
- ***100% Diabetic Supply Benefit***
- ***100% Lab Benefit Program***
- ***Claims & Benefits Portal***
- ***$0 Copay Rx Mail Order***

INTEGRATED PLAN BENEFITS

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INTEGRATED TELEMEDICINE

24/7/365 for $0 Copay

ONCALL MED

Lifestyle Health Plans members can talk to a OnCall MED clinical professional anytime, anywhere. Avoid office visit copays, urgent care visits and unnecessary emergency room visits. Connect with a clinical professional live by calling OnCall MED. OnCall MED is a key component of every plan design at a $0 Copay.

OnCall MED offers over 240 clinical professionals and covers all 50 States. Providers are typically available within 10 minutes, and a consult is guaranteed within three hours.

Questions?
Not feeling well?

Call 1-844-746-6339

PATIENT CARE COORDINATION SERVICES

Maximize Your Plan Benefits & Manage Your Chronic Conditions with Care Advocates

Managing healthcare costs and promoting consumer awareness with plan participants is a key element of what Lifestyle Health does differently. Through our partners at Care Advocates, our Care Coordination Teams help you save when you need outpatient imaging and surgery services, specialty medications, generic medication conversions and more!

CARE ADVOCATES

Struggling with a chronic condition? Our Care Coordinators are trained and ready to assist with chronic condition and disease management as an integrated benefit and service for plan participants. In coordination with your provider, we can provide tools, action plans and other support to assist with managing chronic conditions. We are committed to our members!

Learn More - *Call 1-844-643-5104*

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DIABETIC SUPPLIES

Direct Shipping At No Cost!

Save on your out-of-pocket costs! Diabetic testing supplies are covered at 100% through the Just Diabetic Solutions program. All of the testing supplies you need - including a new meter, test strips and lancets - shipped directly to you at no cost!

Enrolling is easy!
Call to check eligibility.
1-316-616-6111

JUST DIABETIC SOLUTIONS

To get started, check your eligiblity for the program by calling us at **1-316-616-6111.** Then complete a simple member enrollment form (available in your Lifestyle Member Welcome Packet). You will receive a welcome package with the startup kit once your enrollment is processed.

Note: Due to federal regulations this benefit cannot be offered in plans that are qualified HDHP plans without cost sharing by the member. However, these individuals can contact Just Diabetic Solutions for discounted purchasing options.

OUTPATIENT LAB TESTING

Maximize your DirectHealth Benefit

DirectHealth | LabCorp

Through the DirectHealth Lab Benefit Program, you have a 100% lab benefit when you use LabCorp. Whenever your doctor orders laboratory or pathology, just ask him/her to attach a copy of your DirectHealth card to the requisition and follow the simple instructions on the back of the card regarding procedures for lab/path collection. If your physician's office does not use LabCorp as their reference lab, you will need to either request that they draw the sample and call DirectHealth to schedule a pick up of the sample, or that they send you to the nearest LabCorp Patient Service Center with a requisition form for the required tests.

DirectHealth Questions?
Call 1-800-395-4124

Note: Due to federal regulations, the 100% lab program is not available for HealthyConsumer HDHP plan participants.

CLAIMS & BENEFITS

Online Member Portal

Lifestyle Health Plans offers members, dependents and providers online claims status and benefit information through our easy to use Claims / Benefits Web Portal. Portal offers real-time access to eligibility and claim information and allows members to view, print and save your Explanation of Benefits (EOBs) at the click of a mouse! Access to your EOBs is at your fingertips - create an account today!

1. **Go to www.lifestylehealthbenefits.com** and select the Claims / Benefits tab at the top right of our Home Page. For first time users, select **Create Account** to setup your own personalized account.
2. Next, create a **User ID** and **Password**.
3. Once you have accessed your account, **click My Claims** at the top menu and you will have access to view, print and save your **EOBs** while online!

Questions? Call 1-866-827-6607

INTERNATIONAL MAIL ORDER RX

for Brand Name Maintenance Medications

Members can enjoy $0 Copay for select Brand Name maintenance medications.* Medications are shipped in factory-sealed packaging, directtomembersfromgovernment-licensed pharmacies in Canada, the United Kingdom, Australia and New Zealand (Tier-One countries).

This optional program wraps around our current prescription benefit coverage and is based on voluntary participation. Eligible participants can obtain certain maintenance medications at $0 cost, with no shipping or handling charges!

To learn more and get started visit:
www.lifestylehealthCRX.com

Formulary can be found on the CRX website, on the enrollment form, or by contacting a CRX Customer Service Representative at 1-866-488-7874. The International Mail Order Rx medication list is subject to change.

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